



GRAND PRIX JESOLO 2023

| | Friday morning | Venerdì mattina |
|-------|-----------------------------|---------------------------------|
| 9:00 | Club 32 W | Clava 32 F |
| 9:00 | Shot put 20 M/W | Peso 20 M/F |
| 9:00 | Long jump 20-35-36-37-38 W | Lungo 20-35-36-37-38 F |
| 9:15 | 1500mt | 1500mt |
| 9:15 | Javelin 35-36-37-38-45-46 M | Giavellotto 35-36-37-38-45-46 M |
| 9:30 | Club 32 M | Clava 32 M |
| 10:15 | Club 51 M/W | Clava 51 M/F |
| 10:30 | Long jump 35-36-37-38 M | Lungo 35-36-37-38 M |
| 11:00 | Javelin 35-36-37-38-45-46 W | Giavellotto 35-36-37-38-45-46 F |
| 11:00 | Long jump 20 M | Lungo 20 M |
| 11:15 | Discus 40-41 W | Disco 40-41 F |

| | Friday afternoon | Venerdì pomeriggio |
|-------|-------------------------|---------------------------|
| 15:30 | 400mt | 400mt |
| 15:30 | Javelin 55-56 M | Giavellotto 55-56 M |
| 15:45 | Discus 32-33 M | Disco 32-33 M |
| 15:45 | Javelin 52-53-54 M | Giavellotto 52-53-54 M |
| 16:00 | Discus 35-36-37-38 M | Disco 35-36-37-38 M |
| 16:15 | Javelin 33-34 W | Giavellotto 33-34 F |
| 16:15 | Javelin 11-12-13-20 M | Giavellotto 11-12-13-20 M |
| 17:30 | Javelin 57 M | Giavellotto 57 M |
| 17:15 | Javelin 54 W | Giavellotto 54 F |
| 17:20 | Discus 35-36-37-38 W | Disco 35-36-37-38 F |
| 17:30 | Javelin 34 M | Giavellotto 34 M |
| 18:00 | 100mt | 100mt |
| 18:30 | Javelin 33 M | Giavellotto 33 M |
| 18:30 | Javelin 11-12-13-20 W | Giavellotto 11-12-13-20 F |
| 18:30 | Javelin 55-56 W | Giavellotto 55-56 F |



| | Saturday morning | Sabato mattina |
|-------|--------------------------|-----------------------|
| 8:30 | Long jump 11-12 M | Lungo 11-12 M |
| 8:45 | Shot put 11M; 11-12-13 W | Peso 11M; 11-12-13 F |
| 8:45 | Shot put 53-54 M | Peso 53-54 M |
| 9:00 | Shot put 57 M GROUP 1 | Peso 57 M GRUPPO 1 |
| 9:00 | 5000mt | 5000mt |
| 9:00 | Discus 42→44; 61→64 W | Disco 42→44; 61→64 F |
| 9:15 | Discus 51→55 W | Disco 51→55 F |
| 10:00 | Discus 42→44; 61→64 M | Disco 42→44; 61→64 M |
| 10:00 | Shot put 55 M | Peso 55 M |
| 10:45 | Shot put 12-13 M | Peso 12-13 M |
| 10:30 | Discus 56→57 W | Disco 56→57 F |
| 11:00 | Long jump 11-12 W | Lungo 11-12 F |
| 11:00 | Shot put 57 M GROUP 2 | Peso 57 M GRUPPO 2 |
| 11:20 | Shot put 40-41 W | Peso 40-41 F |
| 12:00 | Shot put 40-41 M | Peso 40-41 M |
| 12:00 | Shot put 56 M | Peso 56 M |

| | Saturday afternoon | Sabato pomeriggio |
|-------|--|---------------------------------------|
| 15:00 | PROMOTIONAL 60-80mt / Long Jump / Vortex | PROMOZIONALE 60-80mt / Lungo / Vortex |
| 15:45 | Shot put 35-36-37 M | Peso 35-36-37 M |
| 16:00 | Discus 51 →54 M | Disco 51 →54 M |
| 16:00 | Long jump 42→44; 61→64 W | Lungo 42→44; 61→64 F |
| 16:15 | Discus 56 M | Disco 56 M |
| 16:15 | Shot put 33-34 W | Peso 33-34 F |
| 16:30 | Shot put 32 W | Peso 32 F |
| 17:15 | Shot put 32-33 M | Peso 32-33 M |
| 17:30 | Discus 57 M | Disco 57 M |
| 17:30 | Shot put 34 M | Peso 34 M |
| 17:45 | Javelin 42→44; 61→64 M/W | Giavellotto 42→44; 61→64 M/F |
| 18:00 | Discus 55 M | Disco 55 M |
| 18:00 | Long jump 42→44; 61→64 M | Lungo 42→44; 61→64 M |
| 18:30 | 800mt | 800mt |
| 18:30 | Shot put 38-45-46 M | Peso 38-45-46 M |



| | Sunday morning | Domenica mattina |
|-------|------------------------|-------------------------|
| 9:00 | High jump | Alto |
| 9:00 | Long jump 13-46-47 W | Lungo 13-46-47 F |
| 9:00 | Long jump 45-46-47 M | Lungo 45-46-47 M |
| 9:15 | Shot put 35-36-37-38 W | Peso 35-36-37-38 F |
| 9:15 | Shot put 52→57 W | Peso 52→57 F |
| 9:30 | 200mt | 200mt |
| 9:30 | Discus 11-12-13 W | Disco 11-12-13 F |
| 10:15 | Shot put 42→44 M/W | Peso 42→44 M/F |
| 10:30 | Discus 11-12-13 M | Disco 11-12-13 M |
| 10:30 | Long jump 13 M | Lungo 13 M |
| 11:00 | Shot put 45-46 W | Peso 45-46 F |
| 11:30 | Javelin 40-41 M/W | Giavellotto 40-41 M/F |